

OBJECTIVE

Clinical Social Worker in private practice in Washington, DC with a focus on gay and lesbian mental health. Will entertain part-time or contract clinical positions in the DC metro area.



EDUCATION/CREDENTIALS

CGP, Certified Group Psychotherapist, August 2009
LICSW, Licensed Independent Clinical Social Worker, July 2008
MSW(Clinical Concentration), Catholic University of America, May 2006
MBA, Clemson University, May 1986
BS, Chemical Engineering, University of Florida, April 1979

WORK EXPERIENCE

***Psychotherapist, LICSW, ongoing since August 2006
Aida Therapy, Washington, DC***

- ◆ Individual, couples, and group psychotherapy:
 - Psychodynamic Psychotherapy, Self Psychology, Cognitive-Behavioral Therapy, Transpersonal and Integral Psychology
 - Coming out process – Gay/Lesbian Affirmative Therapy
 - Life transitions across the life span; personal growth through spirituality
 - Anxiety, stress reduction through mindfulness training

***Adjunct Faculty, School of Education, Teaching, and Health, ongoing since June 2007
American University, Washington, DC***

- ◆ Researched, prepared, and conducted graduate level course titled “Changing Health Behavior” covering psychological theories and techniques associated with adult, adolescent, and child behavior modification.
- ◆ Researched, prepared, and conducted undergraduate level course titled “Strategies for Stress Reduction” covering stress reduction theories, mindfulness, relaxation techniques, and cognitive behavioral stress reduction interventions.

***Psychotherapist, LICSW, March 2008 – November 2008
Whitman Walker Clinic, Washington, DC***

- ◆ Adult individual and group addictions counseling, including conducting education classes and on-going therapy groups.
- ◆ Performed intake substance abuse assessments & evaluations.

***Addictions Counselor, LGSW, April 2007 – March 2008
Whitman Walker Clinic, Washington, DC***

- ◆ Adult individual and group addictions counseling, including conducting education classes and on-going therapy groups.
- ◆ Performed intake substance abuse assessments & evaluations.

Psychotherapist, pre-licensed LGSW, April, 2006 – April, 2007

The Women's Center, Psychological Counseling & Therapy, Vienna, Virginia

- ◆ Individual, adolescent, child, couples, and group psychotherapy:
 - Psychodynamic Psychotherapy, Self Psychology, Cognitive-Behavioral Therapy, Transpersonal and Integral Psychology, Play therapy
 - Grief/loss counseling
 - Multicultural sensitivity
- ◆ Developed trusting and empathic relationships with clients, demonstrating understanding of concerns and ability to intervene appropriately.
- ◆ Accurately developed and maintained written documentation, including progress notes, psychosocial assessments, treatment plans, suicide risk assessments, case summaries, and referrals to community agencies.

Therapist, LGSW, April, 2006 – April, 2007

Insight Treatment Centers, Alcohol & Chemical Dependency Outpatient Treatment College Park & Camp Springs, MD

- ◆ Adult individual and group therapy, including conducting 12 hour alcohol education classes and an on-going alcohol counseling group.
- ◆ Performed intake bio-psycho-social assessments & mental health evaluations.

CONTINUING CLINICAL EDUCATION

- International Association for Group Psychotherapy and Group Processes (2009)
- Mid-Atlantic Group Psychotherapy Society Conferences (2006, 2007, 2008, 2009)
- American Group Psychotherapy Association Conference (2008, 2009)
- CUA Summer Institute for Drug and Alcohol Studies (2006)
- Gestalt Psychotherapy Training Seminar (2005-2007)
- Psychotherapy Networker Symposium (March 2004, 2005, 2006, 2007, 2008)
- Summit for Clinical Excellence, Ben Franklin Institute (November 2004)

CLINICAL CONFERENCE PRESENTATIONS

- American Group Psychotherapy Association Conference (February, 2009)
“Using A Stage Play to Illustrate the Principles of Psychodynamic Group Therapy”
- International Association for Group Psychotherapy and Group Process Conference, Rome, Italy (August, 2009) – “Conflict Center Stage: Using Theater to Illuminate the Social Unconscious”

VOLUNTEER EXPERIENCES

- Asian American Lead (AALead, 2002 ongoing) – One-on-one weekly mentoring of Vietnamese-American youth in developing linguistic, academic and life skills.
- Sexual Minority Youth Assistance League (SMYAL, 2001-2002) – support group facilitator for gay, lesbian, bisexual, transgender, and questioning youth.
- Whitman Walker Clinic (2008 ongoing) – Weekly Addictions Group Therapist

PROFESSIONAL ASSOCIATIONS

- National Association of Social Workers
- Society for Clinical Social Work
- Washington School of Psychiatry
- Psychotherapy Networker Advisory Board
- Washington Center for Consciousness
- Mid-Atlantic Group Psychotherapy Society
- American Group Psychotherapy Association
- Red Well Theater Group

SOCIAL WORK FIELD PLACEMENT, September, 2005 – April, 2006

Clinical Social Work Extern

The Women's Center, Psychological Counseling & Therapy, Vienna, Virginia

- ◆ Individual, child, and group psychotherapy
- ◆ Effectively performed intake assessments, insurance/Medicare/Medicaid screening, and appointment scheduling.

SOCIAL WORK FIELD PLACEMENT, September, 2003 – April, 2004

Clinical Social Work Intern

***George Washington University Hospital, Inpatient Psychiatric Services Unit
Washington, DC***

- ◆ Individual and family brief therapy – 45 minute inpatient treatment sessions to support patients by:
 - providing a positive holding environment in which to share their thoughts and feelings
 - re-orientating to a sense of hope and future personal vision following crisis
 - education and management of anxiety concerning mental health problems and treatments
 - developing coping strategies and problem solving
- ◆ Group Therapy - co-leader of weekly men's group and art therapy group
- ◆ Emergency department screening and admissions, suicide risk assessments, and collaborated with multidisciplinary treatment team, presenting professional demeanor and excellent communication skills.

NON-CLINICAL WORK EXPERIENCE

Spirent Communications (June, 2000 to December, 2005), Rockville, MD

Ashworth Bros., Inc. (August 1992 to June 2000), Virginia, UK, & The Netherlands

Director - Quality Assurance: Corporate responsibility for quality management system implementation and maintenance.

Milliken & Company (April 1979 - August 1992), South Carolina

Senior Manager: Responsible for all production operations of a specialty chemical manufacturing plant with annual sales of over \$70 million. Manage the technical function of a specialty chemical manufacturer.